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## GUIDED NOTES

### SOCIAL MEDIA RESPONSIBILITY: PART THREE

**Directions:** Complete these notes as you watch the MyCareerTech “Social Media Responsibility” video.

#### Social Media & Your Career

1. Employers, colleges, and scholarship committees often \_\_\_\_\_ social media profiles to learn more about an individual's \_\_\_\_\_ and judgment.

2. Fill in the table.

College Admissions	Be _____ of the content you share and ensure it aligns with your academic and personal _____
Professionalism & Personal Branding	Present yourself _____ and highlight your accomplishments, passions, and involvement in meaningful activities
Career Opportunities	Build a professional _____ Engage with industry leaders Showcase your _____

#### Your Digital Well-Being

3. In the internet age, we must prioritize developing a \_\_\_\_\_ relationship with social media and technology.

4. Fill in the table.

Manage Screen Time	Set _____ Allocate time for focused work, leisure activities, and _____ interactions
Cultivate Balance	Engage in _____ and exercise Spend time with loved ones Explore the world _____ of a screen
Nurture Connection	Engage in _____ interactions Surround yourself with individuals who _____ you Limit your exposure to _____ content

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### Key Takeaways

5. Social media has both positive and negative \_\_\_\_\_ on individuals and society.
6. Social media responsibility involves \_\_\_\_\_ considerations. Think before you post or make comments.
7. Fact-checking contributes to a more \_\_\_\_\_ online community and helps to reduce the spread of misinformation.
8. Balancing privacy and sharing helps to \_\_\_\_\_ our digital footprint.
9. Social media use can impact college admissions and future \_\_\_\_\_ opportunities.

### Reflection

10. Considering the power of social media, how can you exercise empathy, critical thinking, and ethical choices to ensure your online presence has a beneficial and responsible impact?