MyCareerTech.com

SOCIAL MEDIA RESPONSIBILITY: PART THREE

Directions: *Complete these notes as you watch the MyCareerTech "Social Media Responsibility" video.*

Social Media & Your Career

1. Employers, colleges, and scholarship committees often <u>review</u> social media profiles to learn more about an individual's <u>character</u> and judgment.

2. *Fill in the table.*

College Admissions	Be <u>mindful</u> of the content you share and ensure it aligns with your academic and personal <u>goals</u>
Professionalism & Personal Branding	Present yourself <u>professionally</u> and highlight your accomplishments, passions, and involvement in meaningful activities
Career Opportunities	Build a professional <u>network</u> Engage with industry leaders Showcase your <u>expertise</u>

Your Digital Well-Being

3. In the internet age, we must prioritize developing a <u>healthy</u> relationship with social media and technology.

4. *Fill in the table.*

Manage Screen Time	Set <u>boundaries</u> Allocate time for focused work, leisure activities, and <u>offline</u> interactions
Cultivate Balance	Engage in <u>hobbies</u> and exercise Spend time with loved ones Explore the world <u>outside</u> of a screen
Nurture Connection	Engage in <u>positive</u> interactions Surround yourself with individuals who <u>inspire</u> you Limit your exposure to <u>negative</u> content

MyCareerTech.com

Key Takeaways

5. Social media has both positive and negative <u>impacts</u> on individuals and society.
6. Social media responsibility involves <u>ethical</u> considerations. Think before you post or make comments.
7. Fact-checking contributes to a more <u>informed</u> online community and helps to reduce the spread of misinformation.
8. Balancing privacy and sharing helps to <u>protect</u> our digital footprint.
9. Social media use can impact college admissions and future <u>career</u> opportunities.

Reflection

10. Considering the power of social media, how can you exercise empathy, critical thinking, and ethical choices to ensure your online presence has a beneficial and responsible impact?
<u>Student Free Response</u>